

Francis on giving up television and speaking from the heart



Pope Francis said he wants to be remembered as “a good person who tried to do good. I cannot ask for anything more than that.”

The statement, as well as comments about his life as pope and situations that move him to tears, were part of an interview he gave in late May to *La Voz del Pueblo*, a newspaper from Tres Arroyos, Argentina. The Vatican newspaper printed a translation of the interview on Monday.

Pope Francis insisted he never dreamed of being pope, “nor of being president of the republic or general of an army. Some people have those dreams. I didn’t.”

Still, he said, he is able to sleep well. “I sleep six hours. Normally, I go to bed at 9 and read until about 10,” when he falls asleep. He wakes at 4 a.m. without an alarm. “But then I need a siesta. I have to sleep 40 minutes to an hour; I take off my shoes and lie down.” When he skips the nap, he said, “I feel it.”

The only newspaper Pope Francis said he reads is the Italian daily *La Repubblica*, which he described as a newspaper for “the middle class.”

“I haven’t watched television since 1990,” he said. “It was a promise I made to Our Lady of Carmel on July 15, 1990.”

The reporter asked how he keeps up with football, his favourite sport. “Every week one of the Swiss Guards brings me the results and the rankings,” the Pope responded.

Pope Francis has spoken several times about “the gift of tears,” and Juan Berretta, who conducted the interview, asked him what makes him cry.

Dramatic human situations, the Pope replied. “Like the other day when I saw what is happening to the Rohingya people (from Myanmar),” who have piled on to boats seeking asylum. “When they get close

to shore, they are given something to eat, some water, then pushed back out to sea.” Thousands of them have been on the seas for weeks.

Sick children also bring the Pope to tears, he said, especially those suffering from diseases “provoked by inattention to the environment. This breaks my heart. When I see those creatures I say to the Lord, ‘Why them and not me?’”

Visiting juvenile detention centres and prisons also is emotional, he said. Talking to the prisoners he always thinks, “‘I could be here.’ In other words, none of us can be certain that we would never commit a crime, something for which we’d be imprisoned.”

While the Pope said such things make him “weep inside,” he said, “I don’t cry publicly. The journalist asked the pope why he didn’t want to be seen crying. He responded, “I don’t know, it just seemed like I had to keep going.”

Asked if he was afraid of anything, Pope Francis said, “I am fairly fearless; I act without thinking about the consequences. Sometimes this creates headaches because I’ll say more than I should.”

Saying the media reported he came in second in the 2005 conclave to succeed St. John Paul II, Pope Francis said that at the time, “it was clear that it had to be Benedict, who was voted for almost unanimously, and I was very pleased.”

Asked about his popularity, the pope said, “At first I didn’t understand why it was happening. Some of the cardinals told me it was because the people say, ‘we understand him.’”

“I try to be concrete and what you call magnetism some cardinals have told me has to do with the fact that people understand me,” Pope Francis said.

Living in the Domus Sanctae Marthae, a Vatican guesthouse, spending hours with people at his weekly general audience and inviting a small group for morning Mass four times a week “is good for me,” he said. The people “give me positive energy.”

“I became a priest to be with people,” the Pope added.

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