

## **The Grain of Wheat**

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**The grain of wheat must die**

**in bearing life**

**that of her substance she may grow**

**a golden head.**

**A golden head**

**of infinite worth,**

**of humble birth,  
so crushed and ground and broken  
and powdered into bread.**

**The grain of wheat shall live  
in suffering death,  
for her substance she shall be  
of the Godhead.**

**Of the Godhead,  
Infinite worth  
no more of earth,  
but raised and blessed and sanctified  
a Host in form of bread.**

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