

## **Commentary on the Gospel for Thu, Jun 20th 2024**

### **Prayer: A Conversation with the Divine**

This morning, Jesus instructs us on prayer. It's not about fancy words; instead, it is authenticity that matters. He advises against babbling like pagans, emphasising that our Father understands our hearts without long speeches. Let's pause and connect with the Divine.

Visualise standing at the boundary of eternity, where heaven meets earth. Sense the sun's warmth on your face, breathe in sacred air. Let's pray: "Our Father in heaven, may your name be revered." Reflect on these words. Our Father—knows us deeply and loves us completely. His name—holy, mighty, and gracious. "May your kingdom come, your will be done, on earth as it is in heaven."

Envision a world where love and justice prevail. Let's actively usher in this kingdom by seeking daily sustenance of not only bread but also hope, kindness, and purpose. Extend a gesture of love to someone today. Embrace forgiveness as the path from brokenness to healing. Let grace abound as we navigate life's challenges with unwavering faith.

Believe in the Divine guiding us away from danger. Forgiveness unlocks closeness to our Father. Giving and receiving forgiveness leads us forward with grace, witnessing miracles. Offer simple, sincere, love-filled prayers today.

Bible Claret