

## **Commentary on the Gospel for Mon, Jan 16th 2012**

People who are capable of the deepest joy are also capable of the deepest sadness, because they are responding to life as it comes. But others become mired forever in a half-way place, experiencing neither joy nor sorrow. Joy is the chief characteristic of a Christian—"joy even in tribulation," as Johannes Tauler said—and one of the fruits of the Spirit (see Gal 5:2).

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